

A man with short dark hair, wearing a blue denim jacket over an orange shirt and blue jeans, is sitting down with his arms crossed. He is looking off to the side with a thoughtful expression.

**YOU WERE  
THERE FOR US.**

**Now let us be  
there for you.**

You or someone you  
know may qualify for  
food stamps. Find out.  
Call 1-800-221-5689

**Food Stamps Make  
America Stronger.**

# You and Your Family Could Qualify For Food Stamps If:

- You have low income or work for low wages.
- You have or will get a social security number.
- You will get a job if you are able and aren't working now.
- You have child or elder care costs, or pay child support.
- You have high medical bills, rent, house payments, or utilities.
- You have a car that's not worth too much.

Citizens and many legal immigrants can qualify for food stamps. Getting food stamps won't hurt you if you want to become a citizen.

For more information, contact:

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Or call toll-free  
**1-800-221-5689**



United States Department of Agriculture  
Food and Nutrition Service  
[www.fns.usda.gov](http://www.fns.usda.gov)  
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and employer.*